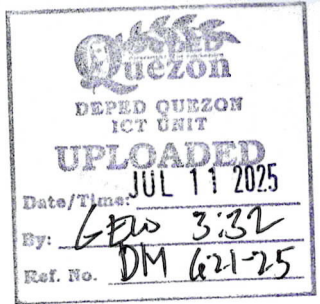




Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



07 July 2025

DIVISION MEMORANDUM
DM No. 621, s. 2025

2025 OPLAN KALUSUGAN SA DEPED (OKD) ONE HEALTH WEEK

To: Assistant Schools Division Superintendents
Division Chiefs
Section Heads
Public Schools District Supervisors
SDO personnel
Elementary and Secondary School Heads
School Health Personnel
All Others Concerned

1. Pursuant to **DepEd Order No. 28, s. 2018** titled **Policy and Guidelines on Oplan Kalusugan (OK) sa DepEd** and **DepEd Memorandum No. 50, s. 2025** titled **Learners' Health Assessment and Screening for School Year 2025-2026**, this Office announces the conduct of the **OK sa DepEd One Health Week** on July 7-11, 2025 in DepEd Offices, district and learning centers.
2. The activity shall highlight health activities featuring, but not limited to, the six major DepEd flagship programs to emphasize the health and nutrition services in achieving the learners' full educational potential and supporting the personnel's productivity.
3. The following activities are suggested during the week-long celebration:
 - a. School level orientation of parents, communities, partners and other stakeholders on different school health and nutrition programs including important policies and guidelines;
 - b. Conduct of school health service activities such as medical and dental examination and treatment, referral, deworming, vision and auditory screening, height and weight taking and nutritional assessment;
 - c. Conduct of other school-based and age appropriate services such as immunization, counselling and other screening services in collaboration with partners;

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- d. Launching of age-appropriate health and hygiene practices such as individual and group handwashing and toothbrushing activities, food hygiene, personal hygiene, and menstrual hygiene management;
 - e. Rapid classroom inspection, conduct of daily cleaning and the needed repair and maintenance;
 - f. Kick-off activity of the School Based Feeding Program and Gulayan sa Paaralan;
 - g. Exhibits/forums on the National Drug Education Program, Adolescent Reproductive Health Education, Mental Health and Tobacco Control; and
 - h. Open house of canteens featuring healthy food and beverage choices.
4. The health services and interventions started during the One Health Week shall be continued by the schools within the school year in coordination with the SDO Health Personnel and their partners.
 5. Please see attached Enclosure for the schedule of activities and templates for the submission of accomplishment report for reference.
 6. Submission of consolidated district accomplishment report properly signed shall be on or before August 4, 2025 at the School Health Section, Talipan Pagbilao Quezon.
 7. Travel expenses relative to the conduct of this activities shall be charged against Division/School MOOE subject to the usual accounting and auditing rules and regulations.
 8. For questions and concerns, please coordinate with **Dr. Marie Antoinette A. Tesalona**, Medical Officer III at the School Health Section, SDO Talipan Pagbilao Quezon.
 9. Immediate dissemination of and strict compliance with this Memorandum is desired.

For:

ROMMEL C. BAUTISTA, CESO V
Schools Division Superintendent

By:

Juanito A. Merje, EdD
SGOD-Chief Education Supervisor

sgod-shs/mtma/07/07/2025

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Activities to be undertaken during the One Health Week :

1. SBFP

- District/School level Orientation on School-Based Feeding Program for SY 2025-2026.
- Learner's health appraisal of SBFP beneficiaries.
- Health education on SBFP related components such as personal hygiene, deworming, proper handwashing.
- Food Safety education on NFP and Milk feeding components.
- Face to Face Focus Group Discussion, Conference and Updating on SBFP implementation- Division SBFP TWG on July 10, 2025 (8:30-12 nn)

2. NDEP

- Forums on NDEP Prevention and Control
- Coordination with other stakeholders in the provision of health education
- Launching of approved IEC materials of NDEP for information dissemination.

3. ARH

- Orientation on OKI Menstrual Tracker App
- Lecture/Information Dissemination on HIV/AIDS

4. WINS

- Conduct individual and group handwashing and toothbrushing activities, food hygiene, personal hygiene, and menstrual hygiene management;
- Provision of IEC materials for proper handwashing techniques, film showing.

5. MHPSS

- Psychoeducational activities such as stress management or mindfulness activity/ies.

6. Medical, Dental and Nursing Services

- Learners Health Appraisal
- Vision and auditory screening
- Oral examination, oral health education, treatment
- Consultation, treatment and referral.

7. Others

- Onsite visit and provision of Program Support funds for Lighthouse schools and TA on the eligible expenses for the utilization of funds- San Antonio CS, Tanauan ES and Pitogo CES
- Culminating Activity on Nutrition Month Celebration for SDO and schools.
- Training Workshop On The Enhanced Gulayan Sa Paaralan Program (GPP): Retooling Coordinators For Project Urban Gardening
- Empowering Schools: Enhancing Wins (Wash in Schools) through Capacity Building and Technical Support
- Advocacy awareness and provision of IEC materials on Canteen Management on Healthy Foods and Beverages in DepEd Offices and Schools as approved by the LRM.

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OPLAN KALUSUGAN SA DEPED PROGRESS REPORT

Region/Division:	Period Covered:
Office Address:	
Office Telephone Number:	Mobile Number:
Fax Number:	Email Address:
Number of Schools in the Region/Division: Elementary: _____ Secondary: _____ TOTAL: _____	

A. HIGHLIGHT OF ONE HEALTH WEEK

Table 1. Number of Schools Covered and Partners

[illegible]

Table 2. Summary of Services Provided

[illegible]

B. ACTIVITIES UNDERTAKEN

B. ACTIVITIES UNDERTAKEN
(Enumerate and describe below the different activities during the One Health Week)

Enumerate and describe below the different activities during the One Health Week	
1. SBFP	
2. NDEP	
3. ARH	
4. WINS	
5. Others	

C. ISSUES AND CONCERNS

FACILITATING FACTORS

(Discuss major outstanding factors that contributed to the successful implementation.)

HINDERING FACTORS

(Discuss major factors that caused delay or impeded implementation.)

RECOMMENDATIONS / ASSISTANCE NEEDED

Prepared by:

OK sa DepEd Focal Person

Regional Director/ Schools Division
Superintendent

Date